



The Royal New Zealand
College of General Practitioners
Te Whare Tohu Rata o Aotearoa

Resuscitation endorsement guidelines and quality standards

About the College

The Royal New Zealand College of General Practitioners (the College) is a professional membership organisation accredited by the New Zealand Medical Council (MCNZ). The College is responsible for the vocational training and recertification of general practitioners and rural hospital medicine doctors. The Division of Rural Hospital Medicine oversees the training programme and curriculum for Rural Hospital Medicine. They are a semi-autonomous body within the College.

About the College's Continuing Professional Development (CPD) programme, Te Whanake.

The College's Te Whanake CPD programme is for vocationally registered doctors in general practice and rural hospital medicine in New Zealand.

Participating in Continuing Professional Development (CPD) ensures that College members can maintain an Annual Practising Certificate and comply with the Medical Council of New Zealand's recertification requirements for medical practitioners.

Who must do resuscitation?

Fellows and registrars of the College are required to hold a current resuscitation certificate (not older than three years). Dual and Division of Rural Hospital Medicine (Division) Fellows must also hold current certificates (not older than three years) in trauma management and advanced paediatric life support along with an NZRC (NZ Resuscitation Council) CORE Advanced or St John PRIME (Primary Response in Medical Emergencies). There is a separate resuscitation criteria and guidelines documents for the Division of Rural Hospital Medicine requirements.

The minimum requirements are outlined below. All doctors are expected to train to a level appropriate to their situation.

Registrars

At the point of Fellowship, registrars in GPEP or RHM (Rural Hospital Medicine) must hold:

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| General practice training pathway (GPEP) | Dual and rural hospital medicine training pathways (RHM) awaiting Fellowship |
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| <ul style="list-style-type: none"> • A current certificate, less than 3 years old. This course must be an RNZCGP (Royal New Zealand College of General Practitioners) endorsed assessed course. • NZRC CORE Advanced OR • NZRC CORE Immediate- Adult and Child OR • St John PRIME OR • Approved ACLS assessed course | <ul style="list-style-type: none"> • A current ACLS/APLS certificate, less than 3 years old and Trauma certificate less than 5 years old. • NZRC CORE Advanced AND • Trauma management course AND • Advanced Paediatric Life Support (APLS) OR • Paediatric Advanced Life Support (PALS) OR • NCLS |
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Fellows

College, Division and Dual Fellows are required to hold:

| College Fellows | Dual and Division Fellows |
|---|--|
| <ul style="list-style-type: none"> • A current certificate, less than 3 years old. This course must be an RNZCGP endorsed assessed course. • NZRC CORE Advanced OR • NZRC CORE Immediate – Adult and Child OR • St John PRIME OR • ACLS • APLS NZ** | <ul style="list-style-type: none"> • A current certificate, less than 3 years old. This course must be an RNZCGP endorsed assessed course. • NZRC CORE Advanced OR • PRIME AND • Severe Trauma management course AND • Advanced Paediatric Life Support (APLS) OR • Paediatric Advanced Life Support (PALS) OR • NCLS |

*Note NZRC CORE Skills and equivalent do not meet the minimum requirements. Please see our criteria below.

** APLS NZ can be done to meet your ACLS requirement, but in your next Triennium you must complete a course that includes adult collapse.

Resuscitation courses criteria

Resuscitation courses will be reviewed against the College’s criteria and ANZCOR guidelines. The purpose of endorsement by the College is to set the highest standards of resuscitation training suitable for our GPs (General Practitioners), Rural GPs and RHM members. Endorsed courses are appropriate for training programme entrance, attaining GP (General Practitioners) or Division Fellowship and for maintaining resuscitation skills. Members are required to maintain the appropriate level of recertification for their practice.

Application process

An endorsement application for a resuscitation course should be received by the College at least six weeks prior to the course being offered. All endorsements of resuscitation providers are valid for three (3) years from the date of approval, at which point re-endorsement should be sought.

Please contact, endorsement@rnzcgp.org.nz to get further information on the application process and to get access to our application portal.

Application fees

Resuscitation Provider fees (valid for three years).

All endorsement fees are due at the time of application. If your application is declined, a 50%

| | |
|------------------------------|-----------------------|
| Fewer than 100 GPs per annum | \$521.73 (excl. GST) |
| More than 100 GPs per annum | \$1043.47 (excl. GST) |

Please note that these fees may be subject to change.

Endorsement conditions

- A fully completed application form and payment.
- The resuscitation course meets the College criteria for resuscitation courses.
- Use of the College endorsement logo is solely restricted to the endorsed course.
- The College reserves the right to approve, decline or negotiate changes to a proposed programme as it sees fit, at any time.
- The College reserves the right to request evidence regarding any of the above criteria to inform endorsement(s) and as part of its quality assurance procedures.

As an endorsed education provider, you can expect to receive:

- advice and guidance regarding your endorsement application.
- permission to use the College endorsement logo on endorsed course certification and course material for the length of the endorsement period.
- the inclusion of your courses in the College promotion of resuscitation providers.
- The promotion of your courses on our CPD resources page and Calendar.

The College's quality standards for resuscitation courses

Standard for resuscitation programmes

The College standard for endorsed resuscitation courses is outlined in the assessment criteria and quality standards below.

The criteria for endorsement are in six (6) categories. Providers must meet these educational criteria for an endorsement of a resuscitation course to be considered.

1. Educational principles

Resuscitation activities are developed according to ANZCOR guidelines and are reviewed on a regular basis. These include:

- having clear training goals and outcomes.
- Have access to Pre-course preparation
- be tailored to participants' learning needs
- be aligned with intended learning outcomes
- optimise participant engagement and active learning
- allowing for differences in learning styles.

2. High-quality content and educational value

- The course meets the New Zealand standards for resuscitation as set out by the New Zealand Resuscitation Council (NZRC).

- The content of the resuscitation activity is relevant to general practitioners and rural general practitioners in New Zealand and must include, at a minimum, the following components:
 - Adult collapse
 - Child and infant collapse
 - Defibrillation with AED
 - Manual defibrillation
 - Airway obstruction and breathing (airway management)
 - Scenarios for the management of collapse and medical emergencies
 - Knowledge and skill assessment
 - Minimum one week of preparation time
 - Face to face contact time, minimum of 6 hours.
- If your course is not an NZRC CORE course, the content will be reviewed by the Endorsement Advisor and in some cases will go to the Board of Studies for consideration.

3. Ethical standards

All resuscitation activities provide a balanced coverage of issues and contain no professional or commercial bias. This includes ensuring that:

- any potential conflicts of interest held by the programme staff with respect to its content are clearly declared in both the application and at the start of the course.
- No advertising of resuscitation equipment
- The content is based off ANZCOR guidelines and most recent research and not personal experience and opinion.

4. Delivery

- Pre-briefing to create a safe learning environment,
- Resuscitation activities do not create unnecessary barriers to learning and deliver on the approved learning outcomes and feedback.
- The resuscitation activity is taught in a practical manner. Theoretical and online courses are on a pre-approved basis as dual-mode delivery.
- should enable learners to practice fundamental resuscitation skills, receive directed feedback, and improve their performance until mastery level is achieved,
- NZRC CORE courses are taught by NZ Resuscitation Council certified instructors and are meeting the requirements of certification set by the NZ Resuscitation Council.
- Assessed resuscitation courses should allow for constructive, timely, and relevant feedback.

5. Evaluation and Feedback

All resuscitation activities have a planned approach to evaluate and further develop the learning activity. This includes ensuring that:

- The provider has put in place a mechanism for regular review and development of the programme
- Clear quality control mechanisms must be in place.
- Feedback received from participants should be considered for future course improvements.
- Feedback from instructors should be specific, timely, actionable, and be learner specific

- Assessments should measure elements of resuscitation that are important for patient outcomes
- Issues identified in the evaluation are addressed before the event is repeated.

6. Resuscitation certification

Certificates must be awarded to participants who fulfil the attendance requirements. Certificates must contain the following information:

- The College endorsement logo (only for non NZRC courses)
- The name of the recipient
- The full name of the course
- The length of the course in hours
- A statement that acknowledges successful participation and completion of assessment
- A list of skills taught
- The date of issue.
- The provider must provide NZRC certification if offering NZRC CORE courses.
 - NZRC CORE Courses
 - CORE Advanced
 - CORE Immediate -Adult and Child

APPENDIX 1

Resuscitation certificate example

The example below includes all the information required.

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| COMPANY LOGO | COLLEGE ENDORSEMENT LOGO |
| This is to certify that | |
| [NAME] | |
| Has successfully completed this [assessed/non-assessed] course as appropriate for [attaining Fellowship/maintaining resuscitation requirements] | |
| [FULL COURSE NAME] | |
| [CONTACT HOURS] | |
| List of skills taught: | |
| _____ _____ _____ _____ _____ | |
| _____ [SIGNED] | _____ [COURSE DATE] |